## **Cookie Rookie: Baked Fried Chicken**

- 2 large boneless, skinless chicken breasts
- 3 cups whole milk
- 1 cup all-purpose flour
- 1 tablespoon paprika
- 1 tablespoon all-purpose seasoning
- 1 teaspoon salt
- 1 teaspoon black pepper
- ½ stick butter, melted
- 1/4 cup fresh flat leaf parsley (optional)
- 1. Cut chicken breasts in half.
- Marinate chicken in milk for about 20 minutes.
- Mix together flour, paprika, allpurpose spice, salt, and pepper in a medium sized bowl. Set aside.
- 4. Preheat oven to 400°F.
- 5. Melt butter and pour into 9x13

  Reynolds®Bakeware Pan, coating
  the bottom of the pan.
- 6. Dip each chicken breast, one at

- a time, in the flour mixture. coat both sides liberally. Place in pan.
- 7. Repeat with all four chicken breasts.
- 8. Bake at 400°F for 35-40 minutes

  (or until the breading is golden

  brown), flipping each breast after

  20 minutes.
- 9. Remove from oven and transfer to a serving dish or serve directly from your Reynolds®Bakeware Pan. Garnish with parsley.

For more delicious recipes, please visit www.thecookierookie.com